## LIVING

## The Wellness Issue

## **A Private Haven**

"Never has home meant so much," says Caroline Thompson, co-owner of **Cabana Home** (cabanahome.com), who says that the pandemic has driven people "to find space and ways to become creative." A quiet spot outdoors, Thompson says, "where you can be by yourself, is restorative."

A spot under a tree is ideal. "It suggests shelter," she says. Or set up under a porch or on a covered terrace. A seat from the Rush collection designed by Janus et Cie founder Janice Feldman "is like an overstuffed armchair," Thompson says. "It conjures up 'cozy.' The beauty is that the materials can withstand the weather." An ottoman can hold a tray for a drink, or place a small table, ceramic drum, or garden stool nearby and bring out pillows or a throw, she suggests. "You're creating a resort in your own home," Thompson says. "It purifies your mind."





## A Game Hub

"There's a huge interest in games right now," says Karen Shoener. "You can't always watch TV or stream Netflix. You want to have a fun activity." A billiards table became the focus of a client's room that was adjacent to a great room with seating and a TV. "The table was custom made," says Shoener. "We chose the finishes and the color of the felt—not green. One side of the table pulls out for the cues. Above it is a Kelly Wearstler fixture that's like a hanging sculpture." Against the wall Shoener placed two ledges for drinks and added leather-topped stools in front. "It feels like a little sports bar," she says.

Another version of a game room might center on a Ping-Pong table. "The choice is driven by what the family wants," says Shoener, "but the main message is to imagine something comfortable and relaxing. The space should be inviting and entertaining."